Cat Carrier Practice Log

Use one row per practice. Write down what your cat did and choose one small change for next time.

Cat's name

Starting step

When to step back

If your cat freezes, backs away, or tries to escape, stop. Return to an easier step next time.

PRACTICE 01

Date	Step tried	What I observed	Next small step

PRACTICE 02

Date	Step tried	What I observed	Next small step

PRACTICE 03

Date	Step tried	What I observed	Next small step

PRACTICE 04

Date	Step tried	What I observed	Next small step

For a visit coming up soon, call your veterinary team if getting your cat into the carrier is difficult.
This worksheet tracks observations and has no required schedule. Save a blank copy for future use.